

Welcome to Dunamis! Come into the sanctuary and get started...

1. **Record your personal Growth Goals** (how do you hope to grow through participation in the Dunamis course) **in the journal you brought.** If you need paper on which to write, just ask.
2. Optional (but helpful for us leaders). On the back of this card please list any **questions** you hope will be answered, and/or any **expectations** you hope will be met by taking the Dunamis course. Include your name if you wish, and give it back to one of the course leaders.